

# MEDICINAL PLANTS USED IN MANAGING ANIMAL DISEASES AMONG THE PARA-VETERINARY COMMUNITY IN TESO SUB-REGION.



BY

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### **DECLARATION**

I ALUPO BENA, declare that the material contained in this dissertation is original and personal effort

and I therefore certify that this work has not been forwarded to any University or tertiary institution for					
the award of the degree					
Signature Date 11.08.2014.					
APPROVAL					
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## DEDICATION

This Dissertation is dedicated to my dear parents Rev. Okurut Kajustiano and Mrs. Okurut Manjeri, Uncle Oullo Simon peter, brothers, sisters, friends and all the Para-vets of Teso region.

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## TABLE OF CONTENTS

DECLA	RATION	. i
APPRO	VAL	. i
DEDIC.	ATION	ii
ACKNO	OWLEDGMENT	111
LIST O	F TABLES AND FIGURES	/ii
LIST O	F ABBREVIATIONv	iii
ABSTR	ACT	ix
	ER ONE	
	DUCTION	
1.1	BACKGROUND	
1.2	PROBLEM STATEMENT	2
1.3	OVERALL OBJECTIVES	4
1.4	SPECIFIC OBJECTIVES	4
1.5	SIGNIFICANCE OF THE RESEARCH	4
1.6	JUSTIFICATION	4
1.7	SCOPE OF THE STUDY	5
CHAP	rer two	6
LITER	ATURE REVIEW	6
2.1	GENERAL OVERVIEW ON THE USE OF MEDICINAL PLANTS	
2.1	.1 The use of medicinal plants in Uganda	,.€
2.1	.2 The medicinal plant in East Africa	6
2.1	.3 The use of medicinal plants in Africa	7
2.1		
2.2.	PARA-VETS AND IMPORTANCE OF MEDICINAL PLANTS IN MODERN LIVESTOO	ĽK
SEC	TOR	8

2.2.	Importance of medicinal plants in modern livestock sector
2.2.	2 Importance of Para -vet community in modern livestock sector
2.2.	The challenges faced by the Para –vets when delivering their services9
CHAPT	ER THREE11
MATEF	UALS AND METHODS
3.1	DESCRIPTION OF THE STUDY AREA11
3.2	RESEARCH APPROACH
3.2	SAMPLING DESIGN
3.3	OPERATION DESIGN11
3.4	OBSERVATIONAL DESIGN12
3.5	STATISTICAL DESIGN
3.6	DATA ANALYSIS
3.7	DATA PRESENTATION
3.8	ETHICAL CONSIDERATION 13
3.9	ENVIRONMENTAL CONSIDERATION
СНАРТ	ER FOUR
INTER	PRETATION OF RESULTS14
4.1	Demographic characteristics of the respondents
4.2	Medicinal plants used in livestock disease management
4.2	1 Medicinal plants botanically identified
4.2	2 Medicinal plant families22
4.2	3 Medicinal plant parts used
4.3	PREVALENT LIVESTOCK DISEASES AND CONDITIONS
4.4	PREPARATION METHODS AND METHODS OF APPLICATION26
4.4	1 Preparation method
4.4.2	Method of application

CHAPTER FIVE	41
DISCUSSION OF THE RESULTS	41
CONCLUSIONS AND RECOMMENDATIONS	45
6.1 CONCLUSION	45
6.2. RECOMMENDATIONS	46
REFERENCES	47
APPENDICES	52
Appendix I: Questionnaire	52
Appendix II	56
Appendix V	60
Appendix VIII	63
Appendix IX	64
Appendix X	65
Appendix XI	66
Appendix XII	65
Appendix XIII	68
Appendix XIV	60

## LIST OF TABLES AND FIGURES

LIST OF	IABLES	
Table 1:	Shows the different age groups of people interviewed.	14
Table 2: Sl	nows the number of districts visited and the number of people interviewed in each district.	14
Table 3:	Shows gender participation.	14
Table 4:	Shows the religious affiliation of the respondents.	14
Table 5:	Botanically identified medicinal plants species with their scientific and Ateso names	17
Table 6	List of common livestock diseases both in English and Ateso.	24
Table 7:	Shows the diseases that were treated most using medicinal plants	25
Table 8	Shows preparation and application methods of different medicinal plants	.:29
LIST OF	FIGURES	
Figure 1;	Showing the most used family of medicinal plant Error! Bookmark not defin	ied.
Figure 1;	Showing the most used family of medicinal plant	23
Figure 2;	showing the most plant parts used for medicinal preparation	23
Figure 3:	shows the forms of preparation of medicinal plants prepared	2€
Figure 4:	shows the preparation methods of the medicinal plants	27
Figure 5:	A pie- chart showing the routes of administration of medicinal plants	28

## LIST OF ABBREVIATION

CBAHWs Community based animal health workers

E.g. For example

E.C.F East coast fever

GOV'T Government

L.S.D Lumpy skin disease

NGOs Non government organizations

PHC Primary health care

PMA Plan for modernization of Agriculture

TEPA Teso Para-vet associations

WHO World health organization

VET Veterinary

#### ABSTRACT

The medicinal plants are important in livestock production because they are used for treating livestock diseases and they provide cheap sources of medicine since imported drugs are expensive. They represent an important health and economic component of biodiversity. A survey was conducted in Teso region, eastern Uganda identifying medicinal plants used in management of livestock diseases by the paraveterinary community. The aim of this research was to botanically identify the medicinal plants and the diseases they treat and also to find out their preparation and application methods.

There were seventy (70) plants that were botanically identified and these plants were distributed to 43 plant families, the plants were identified in their Ateso names and scientific names. The most frequently used plant species reported were belonging to the major families of Meliaceae (28.8%), Euphorbiceae (19.7%), Solanaceae (13.6%), Caricaceae (16.7%), Mimosaceae (13.6%) and Liliaceae (7.6%). Roots 42.7%) followed by the leaves (34.2%) were the most plant parts used in the study area. The most common diseases identified were tick borne diseases (40%) most especially East Cost Fever and helminthosis (26%). The most used medicinal plant preparation method was cold water extract (43%) and the preparation involved addition of some non-plant ingredients and also mixture of one or more plants to make a single preparation. The most used method of medicinal plant application was oral route (60%) followed by topical route (38%).

The methods that were used for collecting data were structured questionnaires, focused group discussions and a participatory workshop. Fifty three questionnaires were administered to the para-vets and a work shop for para-vets on phytotherapy was held in Soroti district.

The survey indicated that abundant indigenous knowledge on traditional medicine still exists and the use of medicinal plant is still very important to the people of Teso land. Therefore, identified medicinal plants and knowing their way of preparation and application offer major opportunities for commercialization and income generation for the Para-vets, livestock farmers and people in the forestry sector. This calls for validation of the medicinal plants to confirm their efficacy, cultivation and establishment of the botanical gardens.

# CHAPTER ONE INTRODUCTION

The use of medicinal plants all over the globe has supported primary health care and the number of plants existing range from 250 to 500 thousand plant species and around 1-10% are used as food for human and animals (Silver&fernandes, 2010)

World Health Organization estimates that 80% of the populations in developing countries use traditional medicine for their primary healthcare needs though the percentage differs from country to country for example 90% in Ethiopia, 70% in Rwanda and 60% in Uganda (Tabuti et al, 2012).

Medicinal plants are used for treating livestock diseases and they provide cheap source of medicine since imported drugs are expensive. They represent an important health and economic component of biodiversity, therefore it is very important to make medicinal plant inventory for conservation and sustainable use. (Sebalidica *et al*, 2011)

The Para-vets who would fill the gap left by inadequate veterinary services also face many challenges yet they can play a very big role in the community and many medicinal plants that would have been used are not documented. Para-vets or village-based livestock service provider (VLSP) are community based health workers (CBAHWs) or private village level worker trained to liaise between livestock owners and veterinarians (Sastry&Ramalinga,2004) and they carry out activities like AI, basic veterinary services. Para-vets are also defined as people who have a certificate or diploma in livestock development

#### 1.1 BACKGROUND

At least 80% of Uganda's rural population relies on Agriculture with a varied focus on livestock and crop production depending on the Agro-ecological zone. (Nabukenya et al, 2014). The most notable programme influencing Agricultural practices in Uganda is Plan for the modernization of Agriculture, PMA. (Bashaasha&Boesses, 2004) and one of the objectives of PMA is to promote sustainable and management of natural resources by developing land use and management policy and promotion of environmentally friendly technologies.

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