

Career Growth for Uganda's Women and Girls in Sciences, the Challenges, Opportunities and Experiences

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ABSTRACT

Authored by a team of women in Sciences from Uganda, this book contains information on the challenges, opportunities, experiences and lessons on career growth for women in Sciences, with Uganda in perspective. This information, in the authors' view, will be useful guidelines for women and girls pursuing career success in the fields of sciences, engineering, mathematics and related others. In chapter one a review and summary of the subject is given. Chapter two reports on a panel discussion, while chapter three presents personal experiences of women and girls in sciences at different stages of their professional career growth. Chapter four, contains experiences and advice from experts who have been involved in training and or financial support of academic and or professional development of women and girls in sciences. We believe, not only the women and girls in STEM will benefit from this publication, but also, community in academia, research, policy and development arenas.

Keywords: Leadership, Family, Mentors, Role models, Knowledge, Belief, Environment, Academia, Profession, Faith, Women in Science

CHAPTER ONE

INTRODUCTION

Nyadoi Priscilla

In this chapter, I have given an in-depth review and summarized the situation of the African girl or woman in sciences, drawing from publications (such as Phakeng, 2015; Laweer *et al.*, 2011 and Babalola *et al.*, 2022), my own experiences and having Ugandan women in perspective. I have based my own experiences on what I have learnt from interactions with girl children and women from many African countries over time and in the literature. To begin with, the journey of a Ugandan girl child from early stages of life and education through to high school, tertiary and university academic levels, and subsequent career development and growth, is not very different in most cases from those of their peers in the other African countries. It is indeed recorded that for many of the women and girls, the challenges have been many, the following being some of them.

Patriarchy and related cultural constraints, sex/gender, socioeconomic and physical environments have played their parts, sometimes enabling and in other times disabling their efforts to stay in the science arena. For example, societal negative attitudes, ingrained standards and cultural obligations for girl children/ women are many, and are often incompatible and impose restraints on their efforts to succeed in the science arena.

For those who have registered some success, the African girl or woman has had to put in a great deal of effort to get to where they